

About Our Corporate Sponsor:

Exciting things are happening at Memorial Hospital and Health Care Center, based in Jasper, Indiana! As a regional health center under the sponsorship of the Sisters of the Little Company of Mary, Memorial Hospital serves eight counties in Southern Indiana with nearly 90 active staff physicians and nearly 1,400 employees. The hospital annually provides care for more than 225,000 outpatients, 29,000 emergency patients, and 8,000 inpatients, and offers a full range of acute medical services in a 133-bed facility.

In 2009, Memorial Hospital's **Ambulance Services** department was recognized with three awards. EMT-Intermediate Provider of the Year was received for demonstrating a commitment to personnel, patients and the community. The Ambulance Provider Public Relations Award was received for the department's contribution to the improvement of public understanding and awareness of the EMS system and injury prevention efforts. EMT-Intermediate of the Year Award was given to Mark Humbert for his proficiency in patient care and professionalism.

Memorial Hospital's **Home Care** also received recognition as it was named to the 2009 HomeCare Elite™, a compilation of the top-performing home health agencies in the United States.

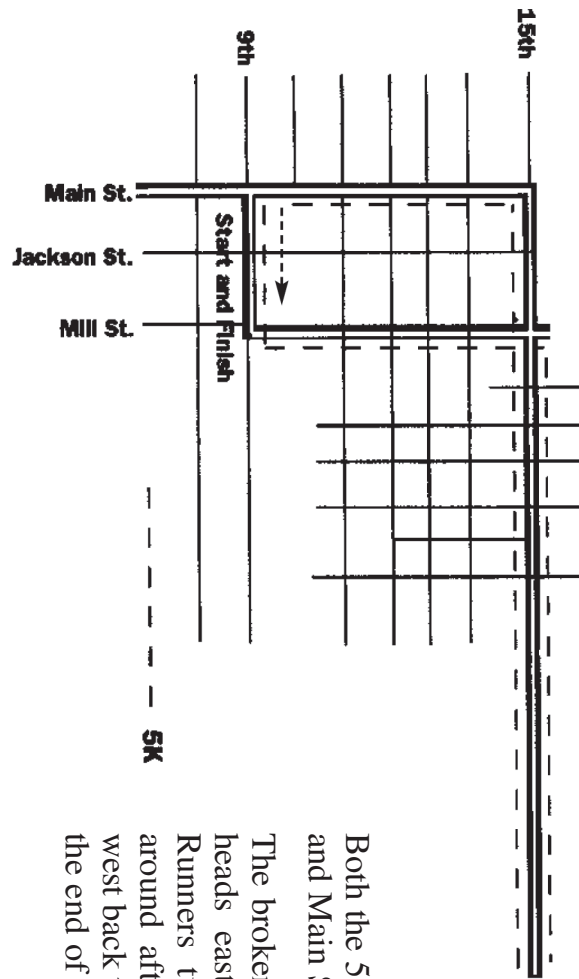
Women and Infant Services received a Gold Award from the Indiana State Department of Health for its best practices in the prevention of perinatal hepatitis B infection.

Critical Care Services received the Beacon Award for Critical Care Excellence.

Memorial Hospital received recognition for achieving excellence in organ donation.

For more information regarding Memorial Hospital and the services it offers, please contact the Community Relations staff at 812/481-2436.

MEMORIAL HOSPITAL
And Health Care Center
Sponsored by the Sisters of the Little Company of Mary, Inc.
800 West 9th Street ▲ Jasper, Indiana ▲ 812/482-2345
www.mhhcc.org



The Route

Both the 5K race and walk begin and end at 9th and Main Street in Jasper, Indiana.

The broken line indicates the course. The course heads east, then turns north onto Mill Street. Runners turn east onto 15th Street, then turn around after the Patoka River bridge and head west back to Main Street, where they turn south to the end of the race at 9th and Main Street.

WETTLAUF
2010  **5K**
STRASSENFEST JASPER IN

**5K Road Race
& 5K Fitness Walk**

**August 7, 2010
8:00 a.m. Start**

Sponsored by:
St. John Bosco Catholic Youth Ministries
and
Holy Family School
Corporate Sponsor:
Memorial Hospital
and Health Care Center
Registration form also available online:
www.jasperstrassenfest.org

Strassenfest Wettlauf

Date:

Saturday, August 7, 2010

Time:

Registration desk opens at 6:30 a.m.
Both the 5K Run and the 5K Walk begin at 8:00 a.m.

Place:

Registration and the start of the race take place on Main Street between 8th and 9th Street in Jasper, Indiana.

Awards:

Awards will be presented to the first three places in each division of the male and female categories in the 5K Run. Also, an award will be presented to the overall winner in both the male and female categories. Participants will receive a unique Strassenfest Wettlauf t-shirt (while supplies last). All t-shirts and awards are courtesy of Memorial Hospital and Health Care Center.

Refreshments:

Free refreshments including fruit, energy bars, and water will be available at the end of the race.

Race Divisions:

For men and women:
0-14 years of age, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over

The Course:

The 5K run includes rolling, paved city streets. The route is well-marked, policed, and has ample water stations. There will be mile splits.

Entry Fees:

5K Run:

The entry fee is \$15.00 before Wednesday, August 4th and \$20.00 on the day of the race.

Fitness Walk:

The entry fee is \$15.00 before Wednesday, August 4th and \$20.00 on the day of the walk. Because this is a fitness walk, no times or awards will be distributed.

Children under 12 years old can enter the walk or run for \$10.00.

Registration:

Advanced entry may be made with the attached registration and liability forms. Late entries will be taken between 6:30 a.m. and 7:30 a.m. the day of the race at 9th and Main Street.

Pre-registrants should pick up their packets the day of the race.

Only a limited number of t-shirts of varying sizes are ordered. Size requests will be honored while supplies last.

After the Races:

The Wettlauf is part of a four-day German festival in Jasper. It begins on Thursday, August 5th and continues through Sunday, August 8th, 2010. The fest features numerous booths, rides, exhibits, concessions, events, and competitions in the Jasper area while celebrating the German heritage with a "Street Festival" or Strassenfest.

Registration form can also be found on-line at www.jasperstrassenfest.org.

REGISTRATION FORM

(must be filled in completely)

Name _____
Age (On Aug. 7) _____ Sex: _____ M _____ F _____
Race (circle): 5K Run 5K Walk _____
Address _____
City _____ Zip _____
State _____ Zip _____
T-shirt size requested (circle): S M L XL

Enclose a check or money order for \$15 (runners/walkers) or \$10 if under 12 years old, payable to Strassenfest Wettlauf by August 4th, 2010 for pre-race registration. Mail registration form, liability form and fee to: Strassenfest Wettlauf, c/o Mary Beckman; 394 GARDENIA LANE; JASPER, IN 47546. For more information, call Becky Stewers at 812/481-2442.

LIABILITY FORM

This liability form must be filled out by all runners and walkers in addition to the registration form in order to participate and qualify for events.

In consideration of the foregoing, I for myself, my executors, administrators and assignees, do hereby release and discharge the St. John Bosco Youth Group, Holy Family School, MEMORIAL HOSPITAL AND HEALTH CARE CENTER, Jasper Strassenfest Committee, City of Jasper, and County of Dubois for all claims of damage, demands, action whatsoever in any manner arising or growing out of my participation in said run.

I certify that I have prepared for this event and am in adequate physical condition to compete in the event I have entered on August 7, 2010.

I agree to follow all rules of this race and to permit myself to be removed from competition if, in the opinion of the race administrators, my continuing would endanger my health.

Signature of entrant _____

(and of parent if entrant is under 18) _____

Date _____ Telephone _____